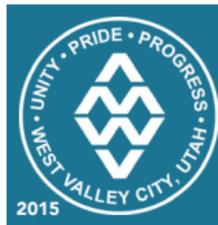


West Valley City

Harman Sr. Recreation Center

4090 South 3600 West
West Valley City, Utah
(801) 965-5822



The Harman Senior Recreation Center provides West Valley City's senior residents with access to community resources and programs that enhance dignity, support independence, encourage community involvement, and stimulate physical, mental, and emotional well-being. Transportation to and from the Harman Senior Recreation Center is available for seniors living in West Valley City.

Regular Hours

Monday - Friday from 9 am - 3 pm

Daily Activities Include

- Air Hockey
- Basketball Arcade
- Billiards
- Card Games
- Computer Lab (except during scheduled classes)
- Exercise
- Lunch at 12:00
- Nintendo Wii
- Ping Pong
- Shuffleboard
- Television / Movies

There are also dozens of weekly and monthly activities scheduled on a regular basis. More information about events and programming are available online

www.wvc-ut.gov/harmanSR

