

Heads Up Concussion Training Quiz

(Coaches: please circle the correct answer or fill in the blanks)

Coach Name: _____ Date: _____

1. A concussion is a type of traumatic brain injury? True or False
2. Most concussions occur with loss of consciousness? True or False
3. A concussion can occur from any type of contact? True or False
4. List 5 signs observed by coaching staff: _____

_____.
5. List 5 symptoms reported by athletes: _____

_____.
6. When you suspect a concussion you should remove the player from play only if the parents give you approval? True or False
7. After a suspected concussion and you pull the athlete from play, they must be evaluated by a healthcare professional before they can play. You should also inform the league director of the incident. True or False
8. It is not necessary to rest after a concussion. You can return to play immediately?
True or False
9. If you suspect a concussion after checking for symptoms you should:
 - a. remove the child from play
 - b. inform parents and league director of the incident
 - c. require a note from healthcare professional approving child to play before they can play
 - d. All of the above