



## West Valley City Parks and Recreation Rookie League Jr. Jazz & Itty Bitty Ball Rules

- Structure:** Rookie League Basketball is a program designed to teach participants the basics of basketball so participants understand rules, proper techniques, and basic skill development in a fun environment. The focus of this program is clinic time led by WVC staff with the help of parent volunteers / coaches. To see what skills are being taught for each age group, see the age appropriate curriculum. During the scrimmage portion of the program, the following rules will be used.
- Duration:** Clock will be running continuously during scrimmages. There will be a 1-minute break between halves/quarters and a 2-minute halftime.
- 1<sup>st</sup>/2<sup>nd</sup> Grade:
    - Weeks 1 - 2 will be 30-minute clinic & two 6-minute halves
    - Weeks 3 - 4 will be 20-minute clinic & four 5-minute quarters
    - Weeks 5 - 6 will be 15-minute clinic & four 6-minute quarters
- Jump Ball:** Curriculum will dictate:
- Itty Bitty Ball: No Jump Ball
  - 1<sup>st</sup>/2<sup>nd</sup> Grade: Introduced weeks 5 & 6
- Equipment:** Each league will use the junior size (27.5") basketball.
- Itty Bitty Ball: 6" foot hoop
  - 1<sup>st</sup>/2<sup>nd</sup> Grade: 8: foot hoop
- Free Throws:** Itty Bitty Ball: No free throws or bonus shots will be awarded when a foul has been committed.
- 1<sup>st</sup>/2<sup>nd</sup> Grade – Introduced Week 5: Free throws will be shot from 8 feet from the basket. The shooters feet may cross the line after the shot has been released but should be encouraged to learn the proper techniques of staying behind the line until the ball leaves the shooter's hand. No bonus foul shots will be awarded.
- Violations:** Violations will be called as need at discretion of staff – based on skills taught in Rookie League. Staff may be lenient on calls during the first few weeks of scrimmages, as children are learning.
- Defense:** Only man-to-man defense can be played. Double teaming will not be permitted. Colored Slap Bracelets will be used to signify who guards whom. No defense can be played until the ball crosses the three point line or as designated at each facility. **Steals are NEVER permitted** in Rookie League in either Itty Bitty or 1<sup>st</sup>/2<sup>nd</sup> divisions.
- Substitutions:** All players should play an equal amount of time during the scrimmage. Parent volunteers/coaches will be in charge of ensuring all players are substituted in and out for an equal amount of time.
- Officials:** Staff will lead clinic/instruction time with help of volunteer parents/coach. Staff will officiate during scrimmage, volunteer parents/coach are encouraged to be on the court to help their team.
- Recreation:** We do not keep score for these scrimmages. This is an instructional league, designed for participants to have fun playing basketball in a non-competitive atmosphere. All rule interpretations are at the discretion of the staff members and site supervisor.