

HEALTHY WEST VALLEY

# HEALTHY WEST VALLEY COMMITTEE

## WEST VALLEY CITY

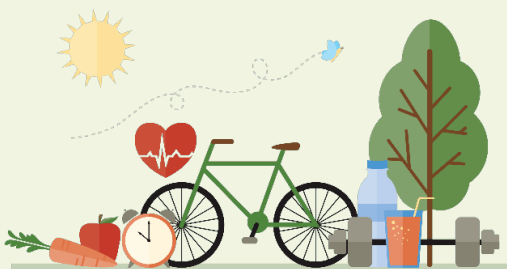
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[www.wvc-ut.gov/HealthyWVC](http://www.wvc-ut.gov/HealthyWVC)



The Healthy West Valley Committee is a community initiative focused on making West Valley City an even healthier and happier place to live, work, and play.



The committee works with partner organizations around the valley who focus on bringing services to residents in West Valley City to support the improvement of their health. Residents are also highly encouraged to become members of the committee.

The group focuses on improving access to healthy food options, promoting healthy movement, and hosting several different events through the year to support mental wellness including mental health seminars and the Survivors of Suicide Loss Day event, held in November.

The committee meets monthly from 1:00-2:30 pm on the third Tuesday of each month. We invite everyone to participate by sharing your ideas with us on how we can work together to promote healthier neighborhoods.

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